

## GLADI'S GIRLS AND BOYS CLUBS AUDIO SCRIPTS

**Title of session:** What will you be doing in life?  
**Length of recording:** 40 minutes  
**Actors:** 2 hosts  
Drama 1 : 1 teenage girl, 1 adult woman.  
**Sound effects (SFX):** Intro music, transitional music, hands clapping, people cheering

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**Intro:** 'Girls and Boys Club Theme Song' (for 1 min)

**Awa (female host):** Hello everyone and welcome back to the Girls' and Boy's club! I know you know me by now – I'm Awanatu. And this is the lovely Mohamed!

**Mohamed (male host):** Thanks, Awa. Hello everyone! It's very nice to see you again. We're very glad that you're here.

**Awa:** We are both part of the Leh Wi Lan programme sponsored by UK Aid

**Mohamed:** Yes, and we support the Ministry of Basic and Senior Secondary Education to deliver Free Quality School Education to all students in Sierra Leone.

**SFX:** Hands clapping, people cheering

**Mohammed:** Okay, girls and boys, before we begin we must not forget our club rules. Do you remember what the rules are?

**Awanatu:** Yes, we say: Keep it REAL!

**R** is for Respect.

**E** is for Equal participation.

**A** is for Ask questions.

**L** is for languages! The Languages of the club are English and Krio.

**Awa:** Exactly.

**Mohamed:** So, when we follow the club rules, we're keeping it REAL.

**SFX:** *Keeping it real song*

**SFX:** Hands clapping, people cheering

**Awa:** Brilliant. Now, Mo, I hate to say this but this is our last session.

**Mohamed:** Our last session!

**Awa:** Yes. There won't be any more episodes for this school year.

**Mohamed:** Oh. What about next year? Are we coming back?

**Awa:** There is a very good chance of it, but at this point I'm not sure.

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- Mohamed:** Okay, so if we're back next year, students can continue to meet for the girls and boys club and listen to the show.
- Awa:** Yes!
- Mohamed:** And if we're not back next year?
- Awa:** Well, students are welcome to listen to all 17 episodes again – we covered a lot of information this year and it is always good to review.
- Mohamed:** And there will be new students entering the school as well.
- Awa:** Yes, they should definitely participate in the girls and boys club like everyone has this year.
- Mohamed:** Okay, thanks for letting us know. We'll discuss this further at the end of the show. But now, I think we should get on with *today's* show!
- Awa:** Absolutely. Now Mohamed, do you remember what our last session was about?
- Mohamed:** I sure do! The last session was called "What am I doing?" and it was about understanding and solving problems in our daily life.
- Awa:** Correct - We learnt that problems, disagreements and arguments are a normal part of life for everybody
- Mohamed:** And that we must learn how to resolve problems and communicate effectively around it.
- Awa:** Indeed. We also discussed how to analyse and solve a problem, using four main steps: state the problem, list the possible options, evaluate the outcomes for each option and then choose the best option or solution to the problem.
- Mohamed:** We also said that some problems are best solved as a group. When people work together to solve a problem, it is sometimes easier. So you can get help from your friends, your parents, etc.
- Awa:** Yes, you can always get help from a school mentor, a teacher, or another trusted adult if you are struggling. They are all here to help if you feel you need support!
- Mohamed:** Shall we get started on today's session now ? Girls and boys, are you ready? If so, say 'yes!'.
- (pause for 2 seconds)
- I couldn't hear you!
- (pause for 2 seconds)
- Excellent. That's what we want to hear.

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- Awa:** Okay, Mohamed, let's get started!
- SFX:** Transition music – 3-4 seconds
- Awa:** Today's session is: "What will you be doing in life?"
- Mohamed** I am excited to know what I will be doing in life!
- Awa:** Our discussion today will be about personal goals : I want you to be confident about what you want to do in life and how to achieve it.
- Mohamed:** What is a goal ? a football goal?
- Awa:** a goal is a purpose, or a desire. It is something that we focus on and work towards achieving.
- Mohamed** Oh, Ok, understood – I have a goal to become the most famous cook in Africa.
- Awa:** That's right – you are an amazing cook! That sounds like a great goal. Now students, today we will do our reflection time at the *beginning* of the session. First, I want you all to close your eyes, and imagine yourself in ten years; ask yourself where you will be. Will you be in a big city, or in a village?
- Mohamed:** I will probably be in Freetown or maybe Lagos ...
- Awa** Think about what you would like your job to be, and what you would like to be doing...anything is possible!
- Mohamed** I would like to cook for the president...and for the Sierra Leone national football team. I would be in demand and very famous...
- Awa:** Think about what your main achievement will be?
- Mohamed** I will eat so much chicken!
- Awa:** Think about it seriously – you too Mo! Students, I'd like you to sit quietly by yourself and reflect on what you want your life to be like in 10 years. Where will you be and what will you be doing? You have 1 minute to think about this starting now!
- SFX** background music for 1 minute
- Awa:** Well done, students! I am sure you all have big plans for the future! it is very important to have goals in life. Do you know why?
- Mohamed** Because it will help us decide what we need to do to achieve them ?
- Awa** Yes! because setting goals for your life will help guide your actions today. And these actions will help you become the person you imagined you would be in 10 years!
- Mohamed** So If I want to become the most famous cook in Africa, I need to set some goals for myself now?

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- Awa:** exactly, and there are three types of goals to think about. We've already spoken about what you want to be in 10 years. This is a long-term goal because it will take a long time to achieve.
- Mohamed:** Got it.
- Awa:** But in order to move towards your long-term goal, you need to set some short-term goals and medium-term goals. So, for example, in 10 years I would like to be the first female president of Sierra Leone.
- Mohamed:** Wow. That's a big long-term goal.
- Awa:** It is. And if I want to get there, I have to first set some short-term goals, which I can achieve in the near future, like "I will pass my exams."
- Mohamed:** I see. So if I want to be the most famous cook in Africa in 10 years, a short-term goal I could achieve in a year would be: "I will practice my cooking every day and try to get a job in a restaurant."
- Awa:** Exactly! And then, there are medium-term goals, like "I will go to University". This type of goal is something that will take a bit longer to complete and will also help you achieve your long-term goal.
- Mohamed:** Ok, so my short-term goal is to get a job at a restaurant. And maybe my medium-term goal is to start my own restaurant. My restaurant will serve amazing food and it will become so famous that the president will ask me to cook for him, which is my long term goal!
- Awa:** Correct ! Except that the president might be a 'her' if I am able to achieve *my* long-term goal!
- Mohamed:** Aha! You are right! I would be very honoured to cook for you madam president.
- Awa:** Haha. We're joking but I am serious about this long-term goal, which right now seems very hard to achieve. And that is the nature of long-term goals – they can seem very far away and there may be lots of challenges. This is why the short-term and medium-term goals exist: they are smaller and easier steps towards the future you want.
- Mohamed:** Even short-term goals can be hard though!
- Awa:** Of course, or they wouldn't be "goals"! each goal takes hard work to achieve, but they are rewarding! You should always ask yourself what you will gain if you reach your goal, and also what might be the obstacles.
- Mohamed:** What else ?
- Awa:** Other important questions should be "what do I need to learn to achieve my long-term goal?" and "who could help me to achieve it?"
- Mohamed:** And also "what steps should I follow"?
- Awa:** Indeed – and finally, when will I achieve my long-term goal ? We said 10 years but it could be longer, which is fine.

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- Mohamed** I hope we will all achieve our goals sooner than later!
- Awa** let's work to make it happen! All right, I want you to hear Fatmata's story now. She has a big dream and very clear goals to achieve it!
- SFX** Gong to start the drama
- Fatmata** Hi aunty, how are you ?
- Aunt Khadi** Hi Fatmata, I am well thank you. How have you been doing at school? I hear you had excellent marks again?
- Fatmata** I did aunty! I got the highest marks in science and in maths at the last exam. It seemed easy, and I really hope I can keep studying after the end of secondary school.
- Aunt Khadi** You will keep studying, you will end up being a Doctor one day!
- Fatmata** You know it is my dream, I would love to go to University and become a doctor and help people. But mum will never let me go to the city.
- Aunt Khadi** I will help you convince her, and I will also give you some money, and you will need to work a little to provide your share as well, but we can make it happen, step by step, ok?
- Fatmata** Yes, I would like that! Being a doctor would also help me earn more money and support my family. What are the next steps? What should I do?
- Aunt Khadi** First you should focus on your short-term goal: finish secondary school with the highest marks possible. That will place you in a great position to go to University later.
- Fatmata** I will try very hard. But you know I still have to help with all the chores at home, which makes it hard to have time to study.
- Aunt Khadi** I know, it is just an obstacle you must overcome. I will try to convince your parents to give you time to study.
- Fatmata** You are my biggest support!
- Aunt Khadi** I will help you as much as I can, but I cannot help you pass your exams - I stopped going to school too young!
- Fatmata** Oh, don't worry - I can study well if I have the time.
- Aunt Khadi** Good. Then once you pass your final exams, the next step for you would be to start earning some money to prepare for University, can you do that ?
- Fatmata** Yes, I will try, I very much want to succeed!
- SFX** music to end drama (3 seconds)
- Awa:** Ok students, what did you think of Fatmata's story? I would like you to pick a partner and padi-padi.

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- Mohamed:** Yes, we'd like you to discuss Fatmata's goals, what she needs to do to achieve them and what the obstacles are. Ready? You have three minutes. Padi Padi now!
- SFX:** Background activity music for 2 minutes
- Mohamed:** Club Leaders, we have 1 minute left!
- SFX:** Background activity music for 50 seconds
- Mohamed:** Club Leaders, we have 10 seconds left! We will start our countdown now.
- Mohamed/Awa together:** 10...9...8...7...6...5...4...3...2...1! Okay stop padi padi!
- SFX:** Cheering and clapping
- Awa** Thank you all for sharing! Did you find Fatmata's story inspiring ? I hope so.
- Mohamed** Now students, remember when we started, we asked you to think about what you would like to do in 10 years. Now you will have to think about at least 2 short-term goals and 2 medium-term goals that you need to achieve to get to that long-term goal and the future you want.
- Awa** You will have 4 minutes this time to padi padi with a partner and discuss the short-term and medium-term goals and be sure to think about how you will achieve them. Ready? Padi Padi now!
- SFX:** Background activity music for 2 minutes
- Mohamed:** Club Leaders, we have 2 minutes left!
- SFX:** Background activity music for 1 minute
- Mohamed:** Club Leaders, we have 1 minute left!
- SFX:** Background activity music for 50 seconds
- Mohamed:** Club Leaders, we have 10 seconds left! We will start our countdown now.
- Mohamed/Awa together:** 10...9...8...7...6...5...4
- Mohamed:** Congratulations on setting your goals! Let's do a group share now and share our goals with each other.
- Awa** Exactly: we will do a Group Share now, and I want you to tell the group about one of your short-term goals, and how you will achieve it. So for example, my short-term goal will be to get high marks on my final English exams.
- Mohamed** And how are you planning to achieve your goal Awa?
- Awa** I will study a lot of course, but also I will start reading novels in English and I want to read at least 3 books before the end of the year
- Mohamed** That's a lot of reading ! Girls and boys, are you ready for Group Share ? The Club Leaders will ask each person to share with the group what your short-

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term goal is and how to achieve it. This is just a discussion, so no need to write on the chalk board.

**Awa** The background music will come on and I'll let you know when you have two minutes left, one-minute left and 10 seconds left.

**Mohamed:** Club Leaders, are you ready to ask people to share their short-term goals? Group Talk now!

**SFX:** Background activity music for 2 minutes

**Mohamed:** Club Leaders, we have 2 minutes left!

**SFX:** Background activity music for 1 minute

**Awa:** Club Leaders, we have 1 minute left!

**SFX:** Background activity music for 50 seconds

**Mohamed/Awa:** Club Leaders, we have 10 seconds left! 10...9...8...7...6...5...4...3...2...1! Stop sharing!

**Awa** Well done! I hope you will all achieve your goals with success!

**Mohamed** But Awa, what should we do when we are having trouble reaching our goals? For example Fatmata receives a lot of pressure from her family to do extra chores at home.

**Awa:** Yes, this is the unfair treatment we've talked about before. And it is very likely you will find obstacles like this in your way! Family pressure is hard to fight. Some obstacles could also come simply from being a girl or a boy, and social norms.

**Mohamed** Like when people say that a girl should be a wife, or that a boy should always be the breadwinner and provide for his whole family.

**Awa** Exactly! These ideas of how things should be are not always the right ones! You can challenge them and fight for your ideal future life.

**Mohamed** Bullying by students or abusive behaviour by teachers could also be an obstacle that you will need to overcome.

**Awa** Indeed. But we discussed how to report violence and how to manage aggressive people in previous sessions. You can encounter other obstacles on the way, like a lack of resources, or a lack of opportunities.

**Mohamed** But there is always a way around it ! It takes perseverance and problem solving to achieve your life goals. You should always trust yourself.

**Awa** Having high self-esteem and trusting yourself will help you a lot in reaching your goal.

**Mohamed** You shouldn't settle for what you already have but aim higher!

**Awa** And do not forget that you can get support from others: you do not have to fight all the obstacles on your own!

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- Mohamed** Yes, you can get help from friends, or from your family, from a good teacher who believes in you, like Fatmata, or from other people around you, at Church, at the Mosque, etc.
- Awa** Students, let's do one more padi padi to discuss obstacles to our goals and think of solutions to get around them. Mohamed, do you remember the four steps to help us solve problems?
- Mohamed:** Yes, I remember! First, state the problem – in this case, what is the obstacle? It could be that you have too many chores to do and that you can't study. Second, think about your options. What are the things you could do to address the problem? Is it speaking to your parents? Trying to study at the weekend?
- Awa:** Or you could do the unfair treatment game with your brothers and once they agree that everyone should have equal and fair rules, ask them to split the chores with you.
- Mohamed:** Exactly. Then third, evaluate your options and think about which would be most effective. Also have back-up options too!
- Awa:** And then finally, choose with option to go with and execute it.
- Mohamed:** Exactly. Okay, students, pick your partner and discuss the obstacles to your short-term or medium-term goals and do the problem solving steps to address them.
- Awa:** You will have four minutes to discuss. Padi padi starts now!
- SFX:** Background activity music for 2 minutes
- Mohamed:** Club Leaders, we have 2 minutes left!
- SFX:** Background activity music for 1 minute
- Awa:** Club Leaders, we have 1 minute left!
- SFX:** Background activity music for 50 seconds
- Mohamed/Awa:** Club Leaders, we have 10 seconds left! 10...9...8...7...6...5...4...3...2...1! Stop sharing!
- Awa:** Well done, students! Thank you for sharing!
- Mohamed:** I hope you were able to help each other come up with some solutions for the obstacles that can get in the way of your goals.
- Awa** Wow, that was helpful. And I think that is it for our last session, Mohamed!
- SFX** transition music
- Awa:** All right: Mohamed should we recap what we learnt today ?
- Mohamed** Why don't we recap what we've learnt in *all* our sessions, Awa ?
- Awa** That's a good idea, Mohamed.



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- Mohamed** So, we started the first session by speaking about violence: psychological violence, physical violence, and sexual violence. We talked about our school's zero-tolerance policy against these forms of violence and how to report it, either through a note in the suggestion box or directly speaking to a mentor.
- Awa** We also talked about gender discrimination, and disability discrimination – how this is unfair treatment that no one should experience. There are many unfair rules in society and we can all challenge them so that we can make sure everyone has a fair and equal opportunities.
- Mohamed** Then we talked a lot about changes that happen to teenagers: what happen to our bodies, to our emotions, and how to deal with these changes. We hope this was useful!
- Awa** We also talked about the ground rules that everyone should follow with regard to sexual activity or any other risky activity: RNRM!
- Mohamed:** R is for respect your partner or friend. N is for 'you can say no at any time'. R is for know the risks and M is for have a clear mind when deciding.
- Awa:** We then had a discussion about menstruation: everybody should be well-informed about menstruation, as girls suffer a lot from ignorance around it.
- Mohamed** We also talked about the different types of contraception to help prevent teenage pregnancy and the transmission of sexually transmitted infections.
- Awa** And finally, we discussed some life skills we should all possess, for a better life: how to analyse a situation, how to solve problems and how to communicate clearly.
- Mohamed** And finally today how to set and achieve our goals in life.
- Awa** We feel this is very important, because we all have the capacity to earn ourselves a good life, with hard work and good communication.
- Mohamed** Today we discussed how to set our short-term and medium-term goals that will help us achieve our long-term goals of what we want to be and do in the future.
- Awa** It is important to set personal goals for yourself so you can define steps to achieve these goals, and to use the problem solving techniques to address some of the obstacles you will face.
- Mohamed** Remember that everyone faces obstacles when trying to reach their goal. Reaching your goals will take work!
- Awa** And it is how you choose to deal with these obstacles that will help determine your future. You probably already overcome many obstacles in your lives!

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- Mohmed** Yes! Life is not always easy but you all have the capacity to fight these obstacles and reach your future goals.
- Awa** Don't forget that here are always people who can help you: your family, your friends, your Church or your Mosque, your school, etc. There is no shame in getting help.
- Mohamed** Always trust yourself, and make decisions in your best interest. You all have special talents and qualities, use them !
- SFX** transition music
- Awa:** Okay, students, now let's wrap up with our 'Reflection Time'. Take the next 30 seconds to reflect on what we've discussed today.
- Mohamed:** You can also use this time to think about how you can use what you learnt today in your daily life.
- Awa:** And students, you can also think about any questions you may have. Please write them down and give them to your Club Leaders after Reflection Time.
- Mohamed:** Okay everyone, please be quiet now and enjoy your 30 seconds of Reflection Time.
- SFX:** Reflection Time music (*30 seconds*)
- Awa:** Okay, everyone, thank you for reflecting. Remember, if there was something that you liked from today's session – share it with others. If there was something that you have a question about, I hope you wrote it down.
- Mohamed** Please give your questions to your Club Leaders now for Question Time. Ready? Club Leaders, read out the questions and everyone please help to answer them !
- SFX:** Background activity music for 2 minutes
- Mohamed:** Club Leaders, we have 1 minute left!
- SFX:** Background activity music for 50 seconds
- Mohamed:** Club Leaders, we have 10 seconds left! We will start our countdown now.
- Mohamed/Awa together:** 10...9...8...7...6...5...4...3...2...1! Okay stop Question Time!
- SFX:** Cheering and clapping
- Awa:** Thanks, Mohamed. That was great. I think it is time to wrap up the session now. I am quite sad this is over!
- Mohamed:** I know. But like we said at the beginning of this session, we may be back next year, so if we are please come and join the girls and boys club again.
- Awa:** And if we're not back next year?
- Mohamed:** Well, students should feel free to organise the clubs and listen to all the episodes again – we covered a lot of information this year and it is always good to review.

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- Mohamed:** And there will be new students entering the school as well.
- Awa:** Yes, they should definitely participate in the girls and boys club so that they can learn what we've learned this year.
- Mohamed:** Okay students, we would like to thank you for joining us and participating. You've done a great job.
- Awa:** We hope you learnt a lot – I know we did! And I hop you liked the sessions... did you like the sessions?
- SFX:** *Group of people shouting 'yes!'*
- Mohamed:** I didn't hear you!
- SFX:** *Group of people shouting 'yes!'*
- Mohamed:** Great. I am glad!
- Awa:** Okay, thank you again for your participation and See you all again soon! (in Krio)
- SFX:** Closing music (2 minutes)