

**Memory Tests** 



# Memory Tests Using Letters

The average person's <u>short-term memory</u> can hold about 7 pieces of information. This test will help determine your limit. Once you have determined the untrained capacity of your short-term memory, try using the <u>chunking technique</u> or other <u>memory exercises</u> to improve your score. You can keep taking the test to see how well you are improving.



Letters Test

Words Test

### LETTERS TEST

When you click the start button, you will be presented with a series of letters and you will have 10 seconds to review them. After the time has elapsed you will be quizzed to see if you remember them. Do not worry about capitalization. It will take several tries to zero in on your limit.

#### Time limit: 10 seconds

Show Letters

### Save Your Results

If you <u>create an account</u> and <u>sign in</u> you can save and track your results over time.

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