

Career Girls Ready-To-Use Script #2

45-50 minute lesson for "Choosing Friends" and "Importance of Integrity"

- **Begin Presentation: Spend 2-5 minutes introducing video**
 - (Greeting)
 - "Today we are going to learn about the importance of knowing how to choose friends, what real friends actually are, and advice for when those friendships get difficult."
 - "Does anyone have an idea about what makes a good friend?"
 - "Great! Now we are going to watch a quick video about how to choose friends and what it means to be a friend."

- **Play "Choosing Friends" video (1:19) and begin discussion (3 minutes)**
 - "How do you a friend is someone you can trust?"
 - "What does it mean to stand up for someone?"
 - "Here is an example. If you see people making fun of your friend in the hall, you can stand up for that person by asking an adult to help."

- **Video Follow-up (3-5 minutes)**
 - "Does anyone have any questions, comments, reactions, or responses they would like to share?"

- **Pass out copies of the Independent Learning Guide (available online) and have the girls answer the questions on their own (5-7 minutes)**

- **Open up group discussion (7-10 minutes)**
 - "Would anyone like to volunteer to share their answers with the group?"
 - Begin calling on girls randomly to facilitate a group conversation

- Introduce “Importance of Integrity” video (2-5 minutes)
 - “We just finished an Empowerment Lesson on choosing friends, and now we are going to move on to integrity and what it means to be honest, credible, respectful, responsible, and trustworthy.”

- Play “Importance of Integrity” video (1:19) and begin discussion (3 minutes)
 - “What are some ways you behave with integrity at school or at home?”

- Video Follow-up (3-5 minutes)
 - “Does anyone have any questions, comments, reactions, or responses they would like to share?”

- Pass out copies of the Independent Learning Guide (available online) and have the girls answer the questions on their own (5-7 minutes)

- Open up group discussion (7-10 minutes)
 - “Would anyone like to volunteer to share their answers with the group?”
 - Begin calling on girls randomly to facilitate a group conversation