

Career Girls: Career Exploration 101

Explore Career Possibilities! Name: _____

In the “Career Exploration 101” video you met 31 role models representing 31 different careers. Each role model shared what she liked best about her career. It’s not too early to begin thinking about a career that you will enjoy!

Read each item below. Think carefully about each one. Use the lines to share your ideas.

1) Each role model in the video shared something they really liked about their career.

- Is it important to find some things you really like about your career? Explain your ideas.

2) The role models in the video name different things that they liked about their careers. For example, they said they liked to help children, keep people safe, solve problems, and so on.

- Which career on the video sounded like one you would be interested in and why?

3) Many of the role models said they liked helping people the most.

- Is being able to help people important to you? Why or why not?

4) Some of the role models said they liked being able to be creative in their careers.

- Do you think creativity will be important in your career? Why or why not?

5) Several role models said they liked solving problems the most.

- Would you enjoy solving problems in your career? Why or why not?

6) Many of the role models said they enjoyed teaching and sharing information with others.

- What would you enjoy teaching to others and why?

7) Some of the role models said they enjoyed helping others to live safer lives.

- Would you enjoy a career that keeps people safe? Why or why not?

8) A few of the role models said they liked helping children and animals.

- Tell why working with children or animals would or would not be a career for you.
